**npm install react-hook-form**

To install `react-hook-form` using npm, you need to open your terminal or command prompt and navigate to the root folder of your project. Then, execute the following command:

```bash

npm install react-hook-form

```

This will download and install the `react-hook-form` package and its dependencies into your project's `node\_modules` folder.

After installation, you can start using `react-hook-form` in your React components. Make sure to import it at the beginning of your file like this:

```javascript

import { useForm } from 'react-hook-form';

```

*With `react-hook-form`, you can easily manage form state, validation, and submission in React applications. For more information on how to use `react-hook-form`, you can refer to the official documentation: https://react-hook-form.com/get-started*